

# XTANDI® enzalutamide

## PRESCRIPTION AND DISPENSING



This drug is prescribed and renewed by your **hospital doctor specialized in cancerology or in medical oncology**.

It is available **only in city pharmacies**.



On leaving your home, don't forget to take your prescriptions along. For a better monitoring, have your pharmaceutical file activated by your pharmacist.



**Do not throw away your opened boxes nor the remaining tablets into your trash.** Please bring them back to your pharmacist.

**Your pharmacist can help you in taking your treatment.** Please bring him back your unused boxes and tablets at the next renewal.

## PRESENTATIONS AND STORAGE



A presentation is available in the form of thermally moulded packages in a box of : **112 soft capsules dosed at 40mg**.



Store this drug at a **temperature below 25°C, protected from moisture**.

**Keep it out of sight and reach of children.**

## INSTRUCTIONS FOR USE

The dose is strictly personal and may be changed during treatment by your specialist doctor. The usual dose is: **160mg / day (4 capsules) in one take**.

**The proper monitoring of the instructions for use is necessary for the efficiency of your treatment.**



XTANDI® capsules are to be swallowed **whole with a glass of water in one take a day**, during or away from meals. **Try to take them every day at the same hour.**



**Do not chew, dissolve, nor open the capsules before swallowing them.**

## MEDICINAL INTERACTIONS



This drug can interact with other medicines, plants or herbal teas.


**Do not hesitate to tell your doctor what medicines, plants or herbal teas (with or without prescriptions) you are taking or wish to take.**



If in doubt, ask your pharmacist for advice.

**Do not worry at reading these effects, you may not experience any.**

SIDE EFFECTS	PREVENTION	BEHAVIOUR
Headaches, palpitations, dizziness, ear buzzing	Measure your blood pressure regularly. Take some exercise, watch over your weight. Limit your consumption of salt and alcohol.	You can take paracetamol if necessary. Contact your doctor if these signs persist. You may be prescribed an anti-hypertensive treatment if necessary. Be prudent if you have to drive vehicles or machines.
Hot flush	Avoid the triggering factors, like alcohol, tobacco, hot and spicy food. Drink fresh water and stay in a cool place. Dress in light clothes.	In case of persisting symptoms, see your doctor.

SIDE EFFECTS	PREVENTION	BEHAVIOUR
Pains at extremities, cardiac symptoms	Keep a regular watch over your heart (electrocardiogram, analyses for mineral salts: potassium, calcium, magnesium) and over your blood pressure.	Tell your doctor as soon as these signs occur.
Trouble of memory and concentration, insomnia, anxiety, visual hallucinations		In case of persisting and annoying symptoms, inform your doctor. Be prudent if you have to drive vehicles or machines.
Skin dryness, itchings or picklings	Favor a mild, alcohol-free soap and a hydrating agent. Avoid exposure to the sun, and use a total sunblock cream.	In case of persisting or annoying symptoms, informs your doctor; some medical treatments may relieve you.
Falls, bone fractures	Be attentive to any intense or unusual pain in the bones (back, hips, wrists...).	Your doctor may measure your bone density if necessary. If this happens, inform your doctor.
Signs of infection: fever, shivers, cough, sore throat, urinary burns	Limit contacts with persons with a contagious infection, if possible. Wash your hands frequently. Disinfect any wound carefully. Make the blood tests prescribed by your doctor.	In case of a fever over 38°C, tell your doctor who may prescribe you some antibiotics.
This drug may sometimes cause <b>diarrheas and swelling of limbs</b> . Do not hesitate to tell your doctor about it.		
 Should you feel any <b>unmentioned effects</b> , do not hesitate to tell your prescriber, doctor or pharmacist about it.		

### A FEW ADVICE

**Promptly contact your doctor** in case of :



- convulsions , confusion, headaches, trouble of vision.
- Liver trouble : yellow skin (icterus), dark urines, sleepiness, disorientation, abdominal pains, or kidney trouble
- Heart trouble ( change in the heartbeats,pain, shortness of breath)



**Never stop treatment or change the rhythm of administration without the advice of the prescribing doctor.**

**If you have forgotten to take your XTANDI® capsules**, take your usual dose as soon as you can think of it.



**If you have forgotten to take your XTANDI capsules for a whole day**, take your usual dose the next day without doubling the dose.  
Please note it in your tracking book.



Do not take a capsule if it leaks, if it is damaged or if it shows apparent signs of damaging.



This drug contains sorbitol. In case of intolerance to fructose (yellow skin, convulsions, vomiting, sleepiness...) please contact your doctor.



Avoid **exposure to the sun** and **protect yourself** if you have to do it.

**REMARKS :**